



DINNER

APPETIZERS

Tres Spring Cuc Towers

Basil oil, marinated tomato, crispy garlic chips &
Ojo Farm micro greens

Melange of Spring Wild Mushrooms

Over grilled polenta, balsamic reduction

SOUP

Ojo Farm Tomato Soup

Basil pesto, garlic croutons

Sunrise Springs Soup du Jour

SALADS

Grilled Hearts of Romaine

Oven-roasted tomatoes, polenta croutons & mustard vinaigrette

Citrus Tuscan Kale Salad

Housemade preserved lemon, roasted pine nuts,
ricotta salata & pepper flakes

Sunrise Springs Quinoa Salad

Bell pepper, garlic & carrots
accented with turmeric & curry

ENTRÉES

Salmon & Pasta Linguini

Lemon butter sauce, haricots verts, roasted cherry tomato & capers
Ojo Farm spinach

Free-Farmed, Grilled Breast of Chicken

Basted with maple Chimayo chile mole
over barley & wilted rainbow chard

Chimayo Green Chile Breast of Chicken

Tequila-flamed fajita,
mixed vegetables, brown rice & Sunrise salsa

Stuffed Red Bell Pepper

Roasted red bell pepper filled with a cornucopia of spring vegetables, quinoa
& sautéed Swiss chard vegetable stock

Please tell your server if you have any special dietary needs.

*Sunrise Springs incorporates seasonally available herbs, fruits, and vegetables
all grown using organic and sustainable practices.*



SEASONAL SIDE VEGETABLES

Sautéed Broccolini

Sliced shallots, garlic, butter & a touch of sea salt

Steamed Ojo Farm Spinach

Garlic, onion & a touch of sea salt,
housemade preserved lemon

Haricot Verts

Orange zest & toasted garlic chips

DESSERTS

Organic Carrot Cake

Lemon cashew icing

Dark Chocolate Walnut Cake

Port wine reduction sauce

Melange of Fresh Fruit

Ask your server for today's fresh selection

Coconut Key Lime Tart

BEVERAGES

House-infused Sparkling Water

Ask your server for the flavor of the day

Red Zinger Iced Tea

Selection of Hot Teas

Coffee – decaf & caffeinated

DINING HOURS

Breakfast Lite Fare	7:00 – 7:30 am	Sages Café
Breakfast	7:30 – 9:00 am	Sages Café
Lunch	12:00 – 2:00 pm	Blue Heron
Pre-dinner Reception	5:30 – 6:30 pm	Moon House
Dinner	6:00 – 8:00 pm	Blue Heron

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