

**Wendi Gelfound & Rocky Durham from Sunrise Springs & Ojo Caliente** +  
The Richard Eeds Show - December 8, 2016



8a - [Sunrise Springs Spa Resort & Ojo Caliente Resort & Spa](#) with Wendi Gelfound & Rocky Durham

“The juicy story that I love to tell is about **El Camino Real** (the old trade route from Mexico City to Santa Fe). Every 10 miles there was something called a *paraje*, a stop for rest and replenishment. That area of La Cienega where **Sunrise Springs** is located was one of the most well known stops. And it’s interesting to know: it was the Spanish that travelled north on El Camino Real and discovered Ojo, and gave us our name **Ojo Caliente**, ‘hot eye.’ Both properties are connected by El Camino Real, and both properties are modern day places for rest and replenishment.”

—Wendi Gelfound, Director of Marketing

“The opportunity to work at **Sunrise Springs** is nothing short of a dream come true... Right now, **The Blue Heron** restaurant is serving brunch, lunch, and dinner...I like to borrow a line from [Mark] Twain, ‘My food has an intimate sense of place.’ I do think that when people dine out, they want something that reflects the place where they’re dining. We do this in a number of ways...[including] that we’re growing a number of the products right here in NM, [and receive] weekly deliveries from Mark, the manager of the two acre farm up at **Ojo Caliente**.”

—Rocky Durham, Executive Chef