



Sample Couples Connection

Thursday, June 28th

- 3:30p Private Medicine Wheel with Michael Schroeder
- 5:00p-9:00p Dinner at Blue Heron Restaurant
- 8:00p50-minute Private Ojito Soaking Pool

Friday, June 29th

- 7:00a-11:00a Breakfast at Blue Heron Restaurant
- 12:30p Private Guided Art Exploration
- 12:00p-4:00p Lunch at Blue Heron Restaurant
- 2:00p Private Session with Michael Schroeder
- 3:30p Private Session with Dr. Sally Fisher
- 5:00p50-minute Private Ojito Soaking Pool
- 6:00p50-minute Rejuvenating Face Therapy
- 6:00p50-minute Hot Stone Massage
- 5:00p-9:00p Dinner at Blue Heron Restaurant
- 9:30p Star Gazing..... Oh Look, Shiny (Optional)

Saturday, June 30th

- 7:00a-11:00a Breakfast at Blue Heron Restaurant
- 10:00a Private Breathwork with Alexis
- 11:00a Private Session with Michael Schroeder
- 12:00p-4:00p Lunch at Blue Heron Restaurant
- 1:00p Private Yoga with Eliza
- 2:15p-3:30p Raw Cashew Cheesecake (Optional)
- 5:30p Spirit Lodge
- 5:00p-9:00p Dinner at Blue Heron Restaurant

Sunday, July 1st

- 7:00a-11:00a Breakfast at Blue Heron Restaurant



SUNRISE SPRINGS
AN OJO SPA RESORT
SANTA FE